The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 210-358-6070 or visit CommunityFirstHealthCoverage.com For general definitions of common terms, such as allowed amount, balance billing, co-insurance, co-payment , deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at CommunityFirstHealthCoverage.com or call 210-358-6070 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	**$0** Community First Network.	See the chart starting on page 2 for your costs for services this plan covers.
Are there services covered before you meet your deductible?	No.	You will have to meet the deductible before the plan pays for any services. Community First Network does not have a deductible.
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the out-of-pocket limit for this plan?	$0 Community First Network **$3,000**/Individual**, $6,000** Community First Network	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the out-of-pocket limit?	Co-payments for certain services, premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out–of–pocket limit.
Will you pay less if you use a network provider?	Yes. Utilizing an In-Network provider eliminates co-insurance & deductibles. See CommunityFirstHealthCoverage.com or call 1- 800-434-2347 for a list of providers.	You will pay more if you use an Out of Network provider, as you are subject to balance billing which is the difference between the providers' charge and what the plan pays. Be advised, your In- Network Provider might use an out-of-network provider for some services such as lab work. Check with your provider before obtaining services.
Do you need a referral to see a specialist?	The Community First Network requires a referral from your PCP. A referral is not needed to see an OBGYN, Mental Health, or Behavioral Health Provider.	The Community First Network will pay some or all of the costs to see a specialist for covered services if a referral is obtained by their PCP prior to the service.

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Questions: Call 1-800-434-2347 or visit us at CommunityFirstHealthCoverage.comIf you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at CommunityFirstHealthCoverage.com or call 1-800-434-2347 to request a copy.

Some co-payments and co-insurances in the chart below will require you to meet the deductible first.

Common Medical Event	Services You May Need	Limitations, Exceptions, & Other Important Information	
		CF Network Provider	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	$30 co-payment /visit	----------None----------
	Specialist visit	$50 co-payment /visit	----------None----------
	Preventive care/screening/ immunization	No charge	----------None----------
If you have a test	Diagnostic test (x-ray, blood work)	No charge	Outpatient only
	Imaging (CT/PET scans, MRIs)	$300 co-payment/visit	Outpatient only
If you need drugs to treat your illness or condition More information about **prescription drug coverage** is available at CommunityFirstHealthCoverage.com	Generic drugs – Tier 1	$15 co-payment per prescription (retail); 30 day	If Community First's negotiated rate for the Prescription Medication or Supply is less than the Copayment, You will only be charged for the actual cost of the drug or supply.
	Preferred brand drugs – Tier 2	$40 co-payment per prescription (retail); 30 day	If Community First's negotiated rate for the Prescription Medication or Supply is less than the Copayment, You will only be charged for the actual cost of the drug or supply.
	Non-preferred brand drugs or Specialty drugs – Tier 3	$ 75 co-payment per prescription(retail); 30 day	If Community First's negotiated rate for the Prescription Medication or Supply is less than the Copayment, You will only be charged for the actual cost of the drug or supply.

Common Medical Event	Services You May Need	Limitations, Exceptions, & Other Important Information	
		CF Network Provider	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	$200 co-payment /visit	Pre-authorization required
	Physician/surgeon fees	No charge	Pre-authorization required
If you need immediate medical attention	Emergency room care	$100 co-payment/visit	Emergency Room co-payment is waived under Community First Network, if admitted.
	Emergency medical transportation	$100 co-payment per incident	Community First will pay for Emergency Transportation services performed by non-participating Providers at the negotiated or usual and customary rate. Members may be responsible for balance of billed charges, if any.
	Urgent care	$50 co-payment/ incident	In- Network Med Clinics are the only urgent care facilities covered under the Community First Network.
If you have a hospital stay	Facility fee (e.g., hospital room)	$200 co-payment/day	Pre-authorization required if outside Community First Network. Co-payment required for each day with a five-day Copay max per related hospital stay under the Community First Network.
	Physician/surgeon fees	No charge	----------None----------
If you need mental health, behavioral health, or substance abuse services	Outpatient services	$50 co-payment/visit	----------None----------
	Inpatient services	$200 co-payment/day	Co-payment required for each day with a Five-day copay maximum for per confinement under Community First Network
If you are pregnant	Office visits	$30 co-payment/first visit	No charge after first visit
	Childbirth/delivery professional services	No charge	----------None----------

Common Medical Event	Services You May Need	Limitations, Exceptions, & Other Important Information	
		CF Network Provider	
	Childbirth/delivery facility services	$200 co-payment/day	Five-day Copay maximum per related hospital stay under Community First Network.
If you need help recovering or have other special health needs	Home health care	$30 co-payment/day	Including but not limited to skilled nursing (RN/LVN, physical, occupational, speech or respiratory therapy, medical social services and/or services of a home health aide under the supervision of an RN.
	Rehabilitation services	$50 co-payment/visit	Physical therapy; Occupational therapy; Speech and hearing therapy; Pulmonary therapy; Cardiac rehabilitation therapy.
	Habilitation services	Not covered	----------None----------
	Skilled nursing care	$50 co-payment/day	Up to 120 days per condition/year including semi-private room, ancillary charges and medications.
	Durable medical equipment (rental or purchase)	No charge	$4,000 limit/per contract year; Cochlear implant, benefit limit $20,000 per incident.
	Hospice services	No charge	
If your child needs dental or eye care	Eye exam	$20 co-payment/visit	One per year.
	Glasses	Varies, $125 allowance	One pair per every 24 months.
	Children's dental check-up	Not covered	----------None----------

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Artificial insemination
- Weight loss programs
- Cosmetic surgery
- Dental care (Adult)
- In vitro fertilization
- Non-emergency care when traveling Nationwide
- Private-duty nursing

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)		
• Bariatric surgery • Hearing aids • Chiropractic Care	• Infertility treatment • Long-term care	• Routine eye care • Routine foot care

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for the agencies are: Community First Health Plans at 1-800-434-2347, or CommunityFirstHealthCoverage.comthe U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272, or www.dol.gov/ebsa; or the U.S. Department of Health and Human Services at 1-877-267-2323 X61565, or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Complaint and Appeals Rights: If you have a complaint, call the health plan. Your plan documents also provide complete information to submit a claim, appeal, or a complaint for any reason to your plan. For more information about your rights, this notice, or assistance, contact:

Community First Health Plans
Member Services & Resolution Unit
12238 Silicon Drive, Suite100
San Antonio, Texas 78249
Phone: 210.358.6090
Web: CommunityFirstHealthCoverage.com

Does this plan provide Minimum Essential Coverage? Yes
If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes
If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:
Spanish (Español): Para obtener asistencia en Español, llame al 1-800-434-2347.
Vietnamese (Tiếng Việt): Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn.1-800-434-2347
Korean (한국어): 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-434-2347 번으로 전화해 주십시오.
Arabic (العربية): 1-800-434-2347 ملحوظة: إذا كنت تتحدث اللغة اذكر، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. برقم اتصل
Urdu (اُردُو): 1-800-434-2347 کال ۔ ہیں دستیاب میں مفت خدمات کی مدد کی زبان کو آپ تو ،ہیں بولتے اردو آپ اگر :خبردار
Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-434-2347
French (Français): Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-800-434-2347
Chinese (中文): 如果需要中文的帮助，请拨打这个号码 1-800-434-2347

Hindi (हिंदी): ध्यान द: यद आप हदी बोलते ह तो आपके िलए मुफ्त म भाषा सहायता सेवाएं उपलब्ध ह। 1-800-434-2347

Farsi (فارسی): توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما 1-800-434-2347

German (Deutsch): Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer 1-800-434-2347

Gujarati (ગુજરાતી): ચુ ના: જો તમેજરાતી બોલતા હો, તો ન:લ્કુ ભાષા સહાય સેવાઓ તમારા માટઉપલબ્ધ છ. ફોન કરો 1-800-434-2347

Russian (Русский): Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода.Звоните 1-800-434-2347

Japanese (日本語): 注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。1-800-434-2347

Lao (ພາສາລາວ): ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັງຄ່າ, ມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທຣ1-800-434-2347

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:

This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, co-payments and co-insurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby
(9 months of in-network pre-natal care and a hospital delivery)

- **The plan's overall deductible** **$0**
- **Specialist co-payment** **$50**
- **Hospital co-payment** **$200/day**
- **Other co-insurance** **$0**

This EXAMPLE event includes services like:
Specialist office visits (*prenatal care)*
Childbirth/Delivery professional services
Childbirth/Delivery facility services
Diagnostic tests (*ultrasounds and blood work)*
Specialist visit *(anesthesia)*

Total Example Cost	**$7,540**

In this example, Peg would pay:

Cost Sharing	
Deductibles	$0
Co-payments	$200
Co-insurance	$0
What isn't covered	
Limits or exclusions	$60
The total Peg would pay is	**$260**

Managing Joe's type 2 Diabetes
(a year of routine in-network care of a well-controlled condition)

- **The plan's overall deductible** **$0**
- **Specialist co-payment** **$50**
- **Hospital co-payment** **$200/day**
- **Other co-insurance** **$0**

This EXAMPLE event includes services like:
Primary care physician office visits (*including disease education)*
Diagnostic tests *(blood work)*
Prescription drugs
Durable medical equipment *(glucose meter)*

Total Example Cost	**$5,400**

In this example, Joe would pay:

Cost Sharing	
Deductibles	$0
Co-payments	$600
Co-insurance	$0
What isn't covered	
Limits or exclusions	$60
The total Joe would pay is	**$660**

Mia's Simple Fracture
(in-network emergency room visit and follow up care)

- **The plan's overall deductible** **$0**
- **Specialist co-payment** **$50**
- **Hospital co-payment** **$200/day**
- **Other co-insurance** **$0**

This EXAMPLE event includes services like:
Emergency room care *(including medical supplies)*
Diagnostic test *(x-ray)*
Durable medical equipment *(crutches)*
Rehabilitation services *(physical therapy)*

Total Example Cost	**$1,720**

In this example, Mia would pay:

Cost Sharing	
Deductibles	$0
Co-payments	$300
Co-insurance	$0
What isn't covered	
Limits or exclusions	$0
The total Mia would pay is	**$300**

The plan would be responsible for the other costs of these EXAMPLES covered services.